



Resources



Need a Baby Box?

Children's Advocacy Center
520.724.5444 | sacacenter.org

Need a Crib?

1.888.721.CRIB | CribsForKids.org

Mother to Baby

Meds, pregnancy & Breastfeeding
1.888.285.3410 | MotherToBaby.org

Birth to Five Help Line

1.877.705.Kids | Ask Us Anything!

Need an Infant Starter Kit?

FirstThingsFirst.org

Institute of Child Health and Human Development

SafeToSleep.nichd.nih.gov

Need More on Suffocation Prevention?

Safekids.org

The Mission of the Children's Advocacy Center is to provide a safe, compassionate and healing environment for children who have been a victim or witnessed a crime.



2329 E. Ajo Way
Tucson, AZ 85713

NEED HELP? CALL OR VISIT US AT
(520) 724-6600 | SACACenter.org

The Safe Sleep Program

is supported by



Governor's Office
of Youth, Faith
and Family



CHILDREN'S
ADVOCACY
CENTER
OF SOUTHERN ARIZONA



SAFE
Sleep

PROGRAM



A
B C



A- Alone

DO

1. Share your room, not your bed.
2. Use firm sleep surfaces, such as a mattress in a safe crib.
3. Place babies on their back every time – at night and for naps.
4. Give babies space to breathe – no pillows, bumpers, blankets, or toys in the crib.



C- In a Crib

Safe Sleep

About Our Program

Our Safe Sleep Program trains law enforcement, first responders, EMS, caseworkers, and advocates to identify and address unsafe sleeping conditions in the home.



B- On my back

DON'T

1. Share a bed with a baby.
2. Put a baby to sleep in a cluttered crib or bassinet.
3. Put a baby to sleep on their side or on their stomach.
4. Place babies to sleep on unsafe sleep surfaces such as couches and chairs, or in places that are not designed for a baby.